

Centering Prayer Groups

If you would like to make contact with a Centering Prayer group near you we hope the following contacts and links will assist you as well as providing a means of obtaining further information should you wish to do so.

ANTRIM

Belfast

Well.com, 116 York Road, Belfast

Meeting: Monday, Wednesday and Friday 9.30am for 20 minutes (for Centering prayer only, no input/discussion)

Contact: Rev Alan Lorimer Phone: +44 (0)7717496686

Email: alanlorimer.al@gmail.com

Agape Centre, South Belfast Methodist Church, 238 Lisburn Road, Belfast BT9 6GF

Meeting: Every Thurs 6pm-7pm

Contact: Jenny Meegan – Email: jmeegan@yahoo.com. Mobile +44 (0)7729713915

Lynn Turtle Email: Mobile +44 (0)7485135069 j.turtle514@btinternet.com

Lagan Valley Vineyard Church (LVV), Unit 1C, Altona Business Park, 1, Altona Road, Lisburn BT27 5QB

Meeting: One Monday of Month 7.15pm-8.15pm, 19th October 2026, 16th November 2026, 14th December 2026

Contact: Robin Nesbitt +44 (0) 78007406662

Email : rnesebitt27@gmail.com

CORK

Cork City

SMA Centre, Wilton, Cork

Meeting: Wednesday @7.30pm

Contact : Mary McNamara southbury78@gmail.com

DERRY

Meeting: Monday Clooney Hall @ 9.30am

Contact: Janice Doherty Phone: 07734417824 Email: janicedoherty@hotmail.com

DOWN

The Studio 34c Carrowdore Road, Greyabbey, Newtownards

Meeting: One Thursday a month, 7pm - 8pm. Dates for 2026 17th September 2026, 15th October 2026, 12th November 2026, 10th December 2026 Max 12 people per meeting. Please confirm planned attendance.

Contact : Michele Berry Phone: +44 (0) 7808137622

Dundonald CP Group - moved and now being held in Dundonald Methodist Church, Islay Gardens, Dundonald, BT16 2WZ

One Wednesday a month - 23rd September 2026; 21st October 2026; 18th November 2026; 9th December 2026

Contact: Carol Carson, Mobile - +44 (0) 7790053727

DUBLIN NORTHSIDE

2nd SATURDAY OF MONTH CENTERING PRAYER GATHERING- Currently meeting on Zoom

Email: fmquinn48@gmail.com

Meeting: Thursday @4.00pm 20 Minutes Centering Prayer -Currently meeting on Zoom

Email: fmquinn48@gmail.com

DUBLIN SOUTHSIDE

Lumen Dominican Centre, Sion Hill, Blackrock

Meeting: Tuesday 10.30- Noon during term time

Contact Ellen Gormley & Eileen White

Email: info@lumenop.ie

Divine Master Prayer Centre, Newtownpark Ave., Blackrock.

Meetings: Monday @10am -11am,

Wednesday 10am-11am

Contact: Siobhán Semple Phone: 086 3778085

Email: contemplativeoutreachireland@gmail.com

Church of Guardian Angels, Newtownpark Ave.,

Meeting: Monday @7.00pm

Contact: Laura Gilthorpe. Phone: 087 2776932

Email: contemplativeoutreachireland@gmail.com

St. Bridget's Parish Cabinteely, Pastoral Centre.

Meeting: Wednesday @ 7.00p.m

Contact: Siobhan Semple. Phone: 086 3778085

Email: contemplativeoutreachireland@gmail.com

GALWAY

The Family Centre, Brackernagh, St Michael's Parish, Ballinasloe.

Meeting: Tuesday @ 7.00pm

Contacts: Fr John Garvey. Phone: 087 2903616 Sr Kathleen Lynch. 087 2780723 Judith Tierney 087 9639852

Email: stmichaelsballinasloe@eircom.net

KILDARE

Resurrexit, Kilmeague , Naas, Co. Kildare

Meeting: Wednesday @ 8.00 pm

Contact: Jerry Carbery Phone: 087 6825407 Email: jeremiahcarbery@gmail.com

LAOIS

Suaimhneas, Cappakeel, Emo

Meeting: Tuesday @ 7.30

Contact: Anne or Mai Phone: 057 8626541

Email: info@suaimhneas.ie

MAYO

The Family Centre, Chapel St. Castlebar

Soul Saturday Gathering one Saturday a month 11am-1pm. Facilitator Niamh Brennan

Contact: The Family Centre Phone: 094 9025900 Email: info@thefamilycentre.com

Killala

Contact: Lynda Morrissey Phone :087 4084449

Email: lyndamorrissey@hotmail.com

OFFALY

Life Giving Spring and Orthodox monastery, Shannonbridge

Meeting: every 2nd Thursday @ 4.30pm

Contact: Eileen Devery Phone: 087 7516396

Email: eileendevery@yahoo.com

TIPPERARY

Pastoral Centre, Church Road, Nenagh

Time: Thursday @5.00pm

Contact: Sr Rita Corry 087 9062923

Email: ritacorry51@gmail.com

TYRONE

Parochial House, Barrack Street, Strabane, Co. Tyrone

Meeting: Monday @ 8.15pm

Contact: Declan Boland Phone: 07720420114 or 0287188293

Email: declan@strabaneparish.com

WEXFORD

4th SATURDAY OF MONTH CENTERING PRAYER GATHERING VIA ZOOM

Meeting: 4TH Saturday 10.00AM –12.00 noon

Contact: Stasia Redmond Phone: 087 2251022

Email: stasiatredmond@gmail.com

contemplativeoutreachireland@gmail.com

Boardroom, Clonard Church

Meeting: Monday meeting 10.45 – 12 noon

Contact: Stasia Redmond Phone: 087 2251022

Email: stasiatredmond@gmail.com

Ballygarrett Community Hall

Meeting: Saturday @ 7.30pm

Contact: John Smith Phone: 087 6619572

Email: cornmarketjohn@gmail.com

WICKLOW

Glendalough Hermitages, Glendalough, Co. Wicklow

Meeting: Thursday @ 7.30pm

Contact: Sr Margaret RSM Phone: 087 9356696

Email: failte@glendaloughhermitage.ie

EUROPEAN

Contemplative Outreach U.K, United Kingdom

Elizabeth Smith

www.conteplativeoutreachuk.com

Email: infocouk@btinternet.com

Contemplative Outreach, Lyon

Fr Jean-Marie Gueullette

priere-silencieuse.org

Contemplative Outreach, Switzerland Confignon, Geneva

Charles Christophi

charles.christophi@birdnet.ch

INTERNATIONAL

Contemplative Outreach,

www.contemplativeoutreach.org

office@coutreach.org

International coordinator for English speaking countries

Contact: Sr. Fionnuala Quinn O.P. Email: fmquinn48@gmail.com